THE MESSENGER

The Bi-Monthly Newsletter of the Sonoma County Alano Club

NOV-DEC 2024

1050 PETALUMA BLVD. N., PETALUMA, CA 94952



CALL TO ACTION:

- Help us keep the Club doors open during the day by signing up for a weekly shift at the counter.
- Volunteer with us during the Thanksgiving Alcathon & Christmas Alcathon. (See below for dates.)
- Sonoma County Alano Club currently has 2 open roles: Events Coordinator & Volunteer Coordinator. Please speak with Darby or a Board Member if interested!

WELCOME!

— The SCAC Board of Directors welcomes our new 2nd Vice President, Spring Mattingly.

VERY SPECIAL THANKS TO...

- Our Volunteer of The Month, Chris!
- —And to Julia, for her years of service as the SCAC Events Coordinator!

PLAIN LANGUAGE BIG BOOK!

This long-awaited companion tool for reading *Alcoholics* Anonymous will be released in November and has been ordered for our book shop.

We'll be posting on Facebook & Instagram when it arrives.

UPCOMING EVENTS: NOVEMBER 1, 2024–JANUARY 3, 2025

For up to date event information, visit <u>www.sonomacountyalanoclub.org</u> or our Facebook page. And if you have an idea for an event or would like to help host events at the club, please let us know!



FRI NOV 01ST Dia De Los Muertos

KARAOKE CELEBRATION & OFFRENDA CANDLE LIGHTING CEREMONY

8:30pm at Alano Club. \$5.00 entry & \$3.00 pizza slices. Bring a photo or personal item from your loved one to add to our offrenda!



THU NOV 28TH Early Birds

THANKSGIVING ALCATHON

6:00am–8:00pm at Alano Club. Marathon meetings, fellowship, & food. Please bring a side dish to share!



FRI DEC 06TH First Friday

CHRISTMAS KARAOKE

WINTER CRAFT FAIR

8:30pm at Alano Club. \$5.00 entry & \$3.00 pizza slices.



SUN DEC 15TH

SCAC Annual

1:00–4:00pm at Alano Club. Crafts, arts, and baked goods for sale—plus a raffle! Makers & Bakers: Sign-up at the counter to reserve your table. \$10 entry & 10% of sales benefit the Club.



SUN DEC 15TH MA District

MA CHRISTMAS PARTY

1:30pm–4:30pm in the Main Room at Alano Club.



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Early Birds

CHRISTMAS ALCATHON

6:00am–8:00pm each day at Alano Club. *Marathon meetings, fellowship, & food. Please bring a side dish to share!*



TUE DEC 31ST Birthday chip meeting

NEW YEAR'S EVE!

7:00pm at Alano Club. Petaluma's monthly sobriety celebration with cake!



FRI JAN 3RD The First Friday of 2025!

NEW YEAR KARAOKE

8:30pm at Alano Club. \$5.00 entry & \$3.00 pizza slices.



Scan here to find us online and hear about more events!

www.sonomacountyalanoclub.org We're on Facebook & Instagram too!

(707) 782-0588



Come celebrate your sobriety at the Birthday Meeting on the last Tuesday of the month at 7:00pm!

NOVEMBER

Name	Years
Jason B	3
John M	9
Sherry F	19
Kerstin McC	27

DECEMBER

Name	Years
Meredith V	1
Netty W	1
Valarie H	6
Steve I	12
Barry M	19
Katha S	28
Patrick K	35

THANKS TO THE CLEAN-UP DAY VOLUNTEERS!

The Clean-Up Party was a success! We're very grateful to everyone who contributed their time and hard work for our Fellowship. We hope to do it again to keep our space inviting & comfortable!

MEMBERSHIP DUES

Membership to the SCAC goes to furnish and maintain the facility, utilities, make repairs, and keep the doors open for newcomers seeking help. Please give back to our community and help keep the doors open.

Membership Type	Monthly \$	Annually \$	Lifetime \$
Individual	\$35.00	\$385.00	\$3,000.00
Couples	\$50.00	\$550.00	\$4,500.00
Group	\$65.00	\$715.00	\$6,500.00

COMMUNITY PARTNERS

We are seeking additional Community Partners to help support the Club on an ongoing basis. If your business or organization would like to become a Community Partner, please reach out to us at sonomacountyalanoclub.org.

SCAC WEEKLY MEETING SCHEDULE

SUNDAY

6:30am **AA Early Birds** 10am AA Good, Bad & Ugly NA I'm Clean, Now What 10am 12pm AA Breakfast Club

5pm **AA Outsiders**

NA Out of Dark, Into Light 5pm 6pm BBA Wrkshp (closed group)

7pm Pills Anonymous

MONDAY

6:30am **AA Early Birds** 12pm AA Keep It Simple **AA Outsiders** 5pm

AA Back to Basics (Beginners) 5:30pm 7pm NA Shelter from the Storm

TUESDAY

6am AA Early Birds 12pm AA Tuesday Noon **AA Outsiders** 5pm

Overeaters Anonymous 6pm Marijuana Anonymous 7:15pm

Birthday Meeting (last Tuesday) 7pm

WEDS

6:30am **AA Early Birds** 12pm AA Midday Midweek **AA Outsiders** 5pm

AA Men's 12X12 Study 5pm

6:30pm Al-Anon

THURSDAY

6:30am **AA Early Birds** 12pm AA Chair It or Air It 5pm AA Big Book Study AA Men's Stag 7pm

7:45pm AA Young Bucks, 1st, 3rd & 4th

FRIDAY

6:30am **AA Early Birds** AA TGIF Meeting 12pm **AA Outsiders** 5pm

Narcotics Anonymous 7pm

SATURDAY

6:30am **AA Early Birds** 12pm AA Saturday Serenity 12pm **NA Clean Freaks** 5pm **AA Outsiders** AA Steps to Freedom 6:30pm

WE THANK OUR COMMUNITY PARTNERS FOR THEIR SUPPORT!



Criminal Defense | DUI | Personal Injury www.wilberlawoffices.com







SCAC ORGANIZATION The SCAC Board Of Directors meets the 3rd Wednesday of every month at 6:30pm. All SCAC Members are welcome!

PRESIDENT: Ryan Lee TREASURER: Katha Snow 2024 1st VICE PRESIDENT: Scott Keeler VICE TREASURER: Nancy Giovannini **BOARD OF DIRECTORS** 2nd VICE PRESIDENT: Spring Mattingly OFFICER AT LARGE: Jason Frank

SECRETARY: Jason Berlanga VICE SECRETARY: Claudia Harris **EVENTS COORD.: Open position**

MANAGEMENT & SUPPORT

CLUB OPERATIONS: Darby Davenport

NEWSLETTER EDITOR: Jori Rosenfield



SONOMA COUNTY ALANO CLUB

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Dearest Alano Club,

I'm grateful to be voted in as manager. The warm welcome and ongoing support has truly filled my heart. I've been part of this community since my second meeting. I got sober by working the steps here with my sponsor Jerilynn, my sobriety date is June 15, 2007. This club has been a sanctuary where I've come to get ease and comfort for 17 years.

I came to the program with the gift of desperation, but my shyness paralyzed me. For months, I sat in the back and cried on the pews, too scared to engage in small talk before or after meetings. When the basket was passed, my heart would pound, and my hands would shake with social anxiety. I strategically sat in a way that avoided having to figure out where to pass the basket next! For years, I struggled to share in main room meetings because I feared someone would bark "speak up!" and I'd lose my courage and train of thought. But my sponsor instilled in me the importance of service, so I started taking on quiet commitments like setting up coffee and cleaning up after events, and eventually joined committees. I served in H&I, Intergroup, and as a GSR. I never would've imagined myself a Manager of the club. This club given me the tools to take baby steps to become the woman I was meant to be.

This fellowship has been my rock, supporting me through life's challenges, including the loss of my partner while pregnant and helped me welcome my baby with a loving shower providing everything the baby needed for her first year. Many of you Early Birds remember me during that time. I've gone on to have another shower here and two more babies. All three of my girls are in school this year so the timing and schedule to be manager fits into my life beautifully.

Recently having worked closely with Natalie, serving on the board as 2nd Vice President and being the Volunteer Coordinator, this new role feels like an organic changeover.

As manager, I am committed to serving with love and giving back to the community that has given me so much. I look forward to continuing our mission and supporting one another on this journey in recovery.

Sincerely,

Darby Davenport

SECRETARY: Jason Berlanga

VICE SECRETARY: Claudia Harris EVENTS COORD.: Open position